



BBMC Traditional Routes



BBMC Ruby Route

**Big Black Mountains Challenge,
Longtown Mountain Rescue Team,**

IMPORTANT EVENT INFORMATION – PLEASE READ CAREFULLY

Thank you for your entering in the 40th year of our Big Black Mountains Challenge 2024.

1. The start and finish for all routes will be at Llanthony Priory, NP7 7NN (Grid Reference: SO289277, Map 161). Route directions and position of compulsory checkpoints issued during registration. Participants must pass through registration at the start and finish of the event, even if they retire early.
2. Note – THERE IS NO MANDATORY KIT CHECK
3. It is the participant's responsibility to carry appropriate hill walking equipment for the day.
4. Water will be available at all checkpoints on a road. Mountain checkpoints will not have water available.
5. Groups should carry one map/compass between 4 people, in case larger groups decide to split enroute.

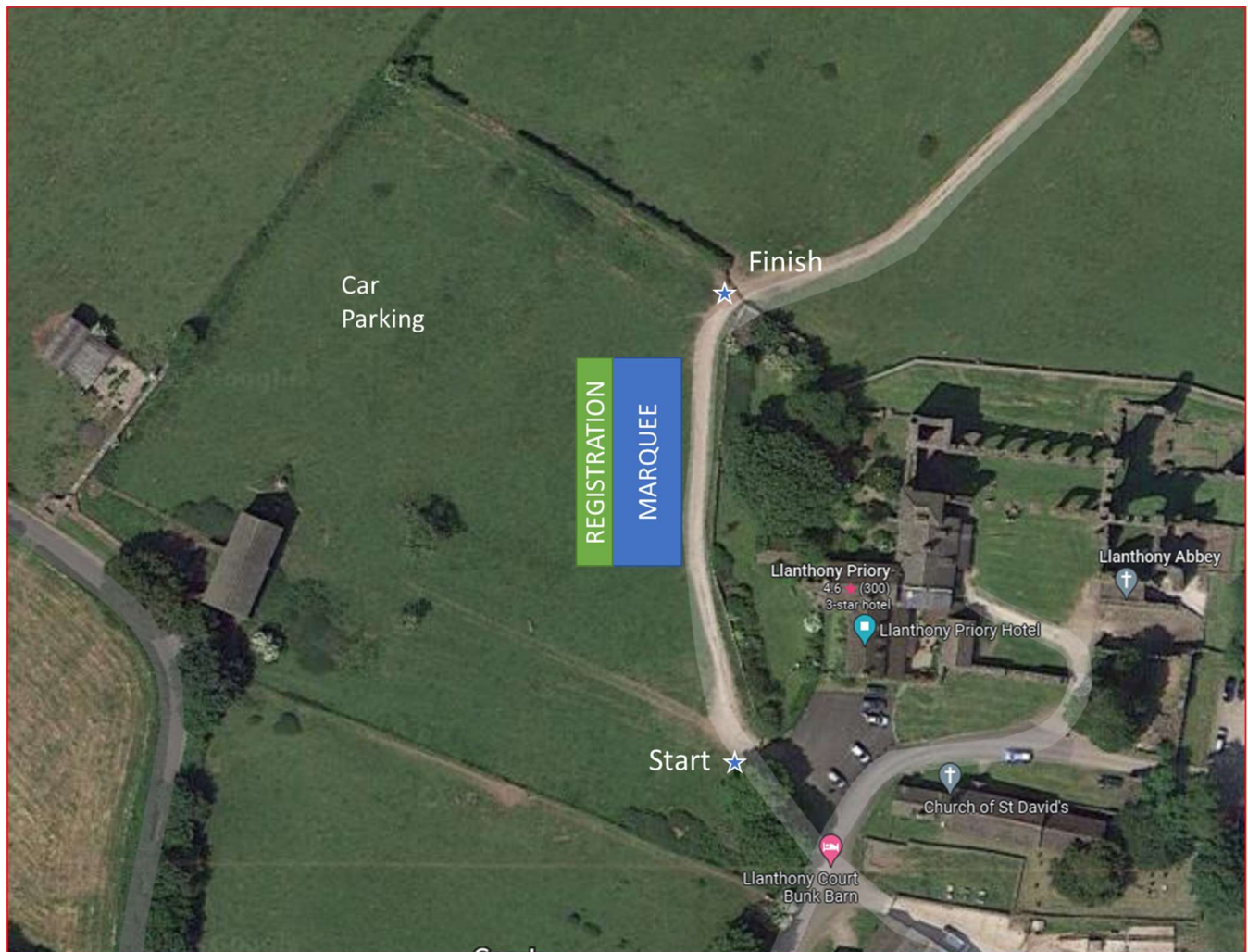
This kit should include:

- **Map Outdoor Leisure 13** (1:25,000) Brecon Beacons East – (recommended) or Sheet 161 (1:50,000) Abergavenny and the Black Mountains Compass - Protractor type.
 - **Torch**, including spare battery and bulbs.
 - **Whistle, waterproofs, additional warm clothing** (hat, gloves, spare jumper/jacket).
 - **Food and Drink** including emergency rations e.g. chocolate bars.
 - **Personal First Aid Kit** (Pain Relief, Plasters for blisters, etc)
 - A light polythene **survival bag** is essential.
6. Marshalls at checkpoints may advise participants to use a different or shorter route depending on the weather, time of day or physical condition of individuals. Please ensure that you and any members of your groups follow these recommendations as this is done for your safety.
 7. If you withdraw along the route you **MUST** return to the finish by checkout from the route or a search for you may be started.
 8. All participants are requested to abide by the Country Code and keep to paths where they exist.
 9. All money raised will be used to finance equipment and running costs of Longtown Mountain Rescue Team. Please forward sponsorship money to the address below by 1st August, 2024.
 10. Please note in the interests of safety and for insurance purposes, places are non transferable. We also cannot offer refunds as per our entry conditions after 4 weeks before the event.

REGISTRATION INFORMATION – PLEASE READ CAREFULLY

	Earliest start time	Latest start time
40Km Ruby Route	07:00	08:30=00

Registration for BBMC 2025 will take place on the East side of the Marquee. You will be directed to the correct desk based on your competitor number. You can start as soon as you have registered.



Details of the route will be available on our web site. A sponsorship form also available on our web site which you may find useful. You will also find us on the 'Just Giving' website which may make collecting sponsorship easier for you.

Persons enter at their own risk. The organisers and marshals will accept no liability for injury, death or loss/damage to vehicles and personal effects, however caused.